

# Athletix™ Guide Rod Wipes

# FAQs

## **Q: Why do I need Athletix Guide Rod Wipes?**

**A:** It is important to keep the rods on weight machines clean and lubricated so that the weight plates can move smoothly up and down. Some cleaning methods allow the cleaning fluid to seep down between the weight plates, causing the weight plates to stick together. Some cleaning fluids remove necessary lubricants causing the weight plates to chatter as they move up and down. Athletix Guide Rod Wipes have been specifically engineered with the right cleaning/lubricating fluid and the convenient wiper applies just the right amount of protective lubricant while removing the dirt and contaminations.

## **Q What type of equipment needs this type of cleaning?**

**A:** Any weight equipment that has guide rods to control the weight plates as they move up and down. Also use them on elliptical tracks, seat slides, and other sliding or rolling mechanisms. Never apply lubricants to handgrips, seating surfaces, pads or friction surfaces such as fly wheel brakes or resistance brakes.

## **Q: How do I use these wipes?**

**A:** Athletix Guide Rod Wipes are effective and easy to use. Simply dispense a wipe from the handy canister and completely wipe the guide rods above the weight stack – it's that easy. The wipes will remove dust and built-up grime, leaving the rods clean, lubricated and protected. Depending on the cleanliness of the machine's rods, one may get multiple uses out of the same wipe.

## **Q: How often do I need to clean the rods with Athletix Guide Rod Wipes?**

**A:** For best results and the greatest protection, the Athletix Guide Rod Wipes should be used regularly. For an average club, treatment is recommended once a week. For more heavily used equipment, the wipes should be used more frequently to maintain protection.

## **Q: Have Athletix Guide Rod Wipes been tested by any equipment manufacturers?**

**A:** Athletix Guide Rod Wipes were co-developed with and tested by a leading weight equipment manufacturer. Athletix Guide Rod Wipes have shown to be safe and effective.

## **Q: What's in it?**

**A:** Athletix Guide Rod Wipes contain PTFE. A complete MSDS can be found on our website.

## **Q: Is it harmful to the equipment?**

**A:** Athletix Guide Rod Wipes are formulated to meet the specific needs of health club equipment – they will clean and lubricate without harming the rods or weight plates.

## **Q: Is this something that members can use?**

**A:** No, this is a maintenance product and should be applied by your staff or maintenance technician during off-peak hours.

## **Q: Is it harmful to the maintenance person?**

**A:** Athletix Guide Rod Wipes are very safe when used as directed. As with any chemical solution, gloves should be worn when using the wipes. Please review our MSDS to learn what to do in the event that skin or eyes are exposed to this product. The MSDS can be found on our website.

**ATHLETIX™**  
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**Q: How are Athletix Guide Rod Wipes sold?**

**A:** Thirty of these 6" X 9" wipers are packed in a portable center pull dispenser. There are 5 dispensers in a case and they can be purchased from one of our authorized distributors.

**Q: Can I get a sample?**

**A:** Yes, requesting a sample from our website is easy. Visit [www.athletixproducts.com](http://www.athletixproducts.com), navigate to the Athletix Guide Rod Wipes product page and follow the instructions. A free sample will be quickly shipped directly to you.



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